Introducing the Memory Conversation Cafés

Join us at DeBeen Espresso in High Point, starting Thurs, Aug 20, 2015, at 10 am

Caregivers and Family Members:
Let’s get together over coffee and tea in a fun, relaxing, inviting atmosphere on the third Thurs of each month

Calendar of Events

Aug 20: Steve Toll, ComForCare National Director of Joyful Memories and Activities

Sept 17: Wendy Robinson, PhD, communications professor and practitioner

Oct 15: Rodney Owen, Certified Tai Chi instructor

Nov 19: Debbie Workman and Sarah Kephart, Owner and General Manager of DeBeen’s

Dec 17: ComForCare elves

Jan 21: Melissa Cooper, ComForCare Client Care Coordinator
FOR IMMEDIATE RELEASE

DATE: August 11, 2015

FROM: ComForcare Home Care Services
233 N. Spring St.
Greensboro, NC 27401
336-617-6001 or 336-601-8352

CONTACT: Richard Bober, Owner/Operator

SLUG: ComForcare Home Care Offers Memory Conversation Café Series for 2015-16 at DeBeen Espresso in High Point, Starting Thursday, August 20, 2015, 10 am

ComForCare Offers Memory Conversation Café Series for 2015-16:
Award-Winning Home Care Agency Offers Stress-Free Coffee Get-Togethers

Topics Relevant to Senior Care, Open to the Public, Held on Third Thursday of Month at DeBeen Espresso in High Point, Beginning August 20, 10 am

ComForCare Home Care, based locally in Greensboro, introduces new monthly Memory Conversation Cafés, beginning on Thursday, August 20, at 10 am, on the third Thursday of each month. These relaxing coffee get-togethers are held at DeBeen Espresso in High Point and are open to the public. The café events are geared toward people who care for the elderly who suffer from chronic diseases such as dementia and other degenerative ailments.

The Memory Conversation Cafés will run about an hour and provide a way for health-care providers, family members, and anyone else who may be affected by the memory-stealing Alzheimer's disease to get together and make friends. Participants share their memorable experiences in a fun, relaxing, inviting environment over DeBeen’s coffee and tea with yummy vegan pastry and ice cream.

The memory-conversation sessions will have a joyful activity, such as sing-alongs of beloved tunes, storytelling for sharing uplifting life experiences, or arts-and-crafts for special holiday occasions. Some sessions will include information on topics related to caring for the elderly, such as fall prevention, balance and relaxation, making holiday treats, and other activities. No special attire or preparation is required.
A calendar of events will be provided on Facebook and through the ComForCare Home Care Services Newsletter. Call the ComForCare office at the contact information below for further information.

Richard Bober, owner of ComForcare Home Care Services in Greensboro, says, “The Memory Conversation Cafés will be an enjoyable way for caregivers and people interested in elderly care to get together in the comfortable environment of DeBeen’s. We’ll laugh, schmooze, and learn. Our goal is for people to get together and enjoy a cup of coffee in a stress-free, relaxing environment. We hope this café concept will remove family caregivers from their isolation and motivate them to join others in a warm and supportive social setting.”

ComForcare Home Care Services provides in-home assistance with daily activities of living assistance for seniors and disabled individuals of all ages throughout Greensboro, High Point, all of Guilford County and other nearby areas. Services include help with personal care needs, fall prevention, medication reminders, light housekeeping, and much more. Services are available 24 hours a day, 365 days a year from fully bonded and insured caregivers. The Triad ComForCare has received Best of Home Care Awards for the past four consecutive years.

The mission of ComForCare is to help people keep their independence and maintain the quality of life to which they are accustomed in a dignified manner. ComForCare's organization lives by the credo that "When You Can't Be There, Call ComForcare."

Well loved in High Point for nearly 20 years, DeBeen Espresso is a friendly, locally owned café that offers free wireless access, hot and cold coffee, smoothies, and an assortment of goodies to snack on. DeBeen’s provides a welcoming atmosphere to relax and attend the Memory Conversation Cafés. Open seven days a week, find DeBeen’s at 709 West Lexington Avenue, at the corner of Westchester Drive, or call 336-889-2107.

For more information about ComForCare’s services and company information, please contact Richard Bober at 336-617-6001, or ComForCare’s Client Care Coordinator Missy Cooper at 336-601-8352. You also may email comforcare@triad.rr.com.

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